




# Upcoming: Webinar on Health and Holistic Wellness of Professionals During Covid-19 Crisis

News & Updates • June 3, 2020

**Webinar**  
Saturday, June 6, 2020  
11:00 AM IST

**Health and Holistic Wellness of Professionals during COVID-19 crisis**

 **Speaker**  
**Dr. Perna Kohli**

Register to attend at: <https://bit.ly/webinar-registration-zoom>

Registration Fee of INR 500 only

Organiser: Vidya Intellectual Property Foundation

For over the last three months we have been battling with the ghastly Coronavirus and dealing with the many restrictions to prevent ourselves from its spread. Today, as we enter a new phase –Unlock 1.0, determined to resume offices and yet keep the fight up, it is of utmost importance that we give emphasis to our physical and mental wellbeing as we strive to deliver our services with similar efficacy.

In this light, in collaboration with Vidya Intellectual Property Foundation, we are organizing a webinar on Health and Holistic Wellness on Saturday, June 6th at 11:00 am IST, in a bid to help professionals to take a step back and reflect on the new normal lifestyle to be fully productive.

Our Guest Speaker, Dr Perna Kohli, is an acclaimed Clinical Psychologist, public speaker, workshop facilitator, intensive research scholar and a social worker. Dr Kohli is a four-time gold medalist and an awardee of “100 Women Achievers of India” by the President of India.

To register for the session, click here:



[https://us02web.zoom.us/webinar/register/WN\\_zgBDpSGTSxaZswlXn5aJig](https://us02web.zoom.us/webinar/register/WN_zgBDpSGTSxaZswlXn5aJig)

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