



Upcoming: Webinar on Health and Holistic Wellness of Professionals During Covid-19 Crisis

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The graphic features a dark blue background with a yellow triangle on the right side. At the top left is the Anand & Anand logo. The main title is 'Health and Holistic Wellness of Professionals during COVID-19 crisis'. A circular portrait of Dr. Perna Kohli is shown next to her name and title 'Speaker'. Below this is a registration link and fee information. The bottom right shows a laptop with a 'mentalhealth' logo on the screen, next to a stack of books and a bottle of hand sanitizer.

Webinar
Saturday, June 6, 2020
11:00 AM IST

Health and Holistic Wellness of Professionals during COVID-19 crisis

Speaker
Dr. Perna Kohli

Register to attend at: <https://bit.ly/webinar-registration-zoom>

Registration Fee of INR 500 only

Organiser: Vidya Intellectual Property Foundation

For over the last three months we have been battling with the ghastly Coronavirus and dealing with the many restrictions to prevent ourselves from its spread. Today, as we enter a new phase –Unlock 1.0, determined to resume offices and yet keep the fight up, it is of utmost importance that we give emphasis to our physical and mental wellbeing as we strive to deliver our services with similar efficacy.

In this light, in collaboration with Vidya Intellectual Property Foundation, we are organizing a webinar on Health and Holistic Wellness on Saturday, June 6th at 11:00 am IST, in a bid to help professionals to take a step back and reflect on the new normal lifestyle to be fully productive.

Our Guest Speaker, Dr Perna Kohli, is an acclaimed Clinical Psychologist, public speaker, workshop facilitator, intensive research scholar and a social worker. Dr Kohli is a four-time gold medalist and an awardee of “100 Women Achievers of India” by the President of India.

To register for the session, click here:



https://us02web.zoom.us/webinar/register/WN_zgBDpSGTSxaZswlXn5ajig

For payment details, click

here: <https://www.anandandanand.com/wp-content/uploads/2020/06/Webinar-Registration.pdf>

